



COACHING
CLIENT INFORMATION:

Client Name: _____ *Date:* _____

Background information you would like the coach to know:

Personal accomplishments:

Calendar of available time for coaching (Days/Weeks/Hours):

Projected time frame that you would like to accomplish your goals:

Primary known objectives that you would like to address:

What would you like your coach's specific role to be?

Have you ever been diagnosed with a physical health, mental health or behavioral health disorder? _____

If yes, what was the diagnosis? _____

Please list any medications you are taking: _____
